## NEW JERSEY AFFILIATE ACNM STRATEGIC PLAN REVIEW

OCTOBER, 2019

### ACNM 5-YEAR STRATEGIC PLAN

- 5 Core Commitments
  - Diversification and Inclusion
  - Leadership Development
  - Research
  - Inter-professionalism
  - Communications
- 5 Strategic Domains
  - Supporting Our Members
  - Supporting Our Affiliates
  - National Advancement of Midwifery and Women's Health
  - Global Engagement
  - Organizational Capacity

## NEW JERSEY 3 – YEAR STRATEGIC PLAN 2016-19

- Vision: A Midwife for every woman
- Mission: NJ Affiliate of ACNM seeks to advance and promote the health and well-being of women and families in New Jersey, by establishing midwifery as the standard of care in our state. The Affiliate supports the profession, and the practice of CNMs/CMs in New Jersey through education, clinical practice, research and advocacy.
- Core Values: Excellence, Evidence-based Care, Formal Education, Inclusiveness, Advocacy, Woman-Centered care/Respect for Physiologic Process, Primary Care, Partnership
- Strategic Goals:

>Strengthen the New Jersey Affiliate

- > Support Visibility of Midwifery in New Jersey
- > Support Collaboration with other professionals
- > Maintain a Strong Legislative/Regulatory Effort
- > Support Organizational Capacity

## I. STRENGTHEN THE NJ AFFILIATE

- Membership
  - Increase attendees 20%
  - Survey membership: barriers/interests
  - Meetings in every part of State
  - Focus on Diversity and Inclusion
- Leadership
  - President ex-office I yr on Exec Bd
- Student Involvement
  - Student Exec Board ex-officio member/student liaison committee
  - Student liaison/preceptor list
  - Establish student award: I st year active dues
- Peer Review
  - Ad hoc committee; survey other states, update manual, mock review at meeting

- Barriers to meeting attendance: time/over-commitment, feeling overwhelmed
  - Meetings have been held south/central/north/Zoom option also
  - \$ is barrier to membership as fewer practices are covering dues (only 50% of midwives belong to ACNM)
  - Bylaws updated for ex-officio president
  - Bylaws Updated and first Student Board member elected
  - Student/Senior award established; student award expanded to first year cnm/cm \*\*\*\*\*\*\*
  - Student survey completed \*\*\*\*\*\*\*
  - · Barriers exist to developing a preceptor list
  - New Member Packet: Idea by ; work in progress, still awaiting way to get new member info from ACNM
  - Received from ACNM MOOC to have list of MOC in NJ to establish NJ MOCC \*\*\*\*\*\*
  - Attended events: Northern NJ Black Nurses NJ; Hispanic Nurses Assn, Black Breastfeeding week
  - Changes in meeting format: 12/2018 Mini-Training on Implicit Bias (D&I); 2/2019 –Discussion groups on practice issues

- Peer Review (con't)
  - 2<sup>nd</sup> year: begin 1 per quarter

#### Herstory Committee

- Coordinate with ACNM Legacy
- Archives for Affiliate documents
- Annual goals
- Added Membership Value
  - Continue Spring CEU day (add nurse ce)
  - Plan retreat for self-care
  - Investigate loan of ACNM modules
- Internal Communications
  - Add value to Facebook/website
  - Consider g-mail for officers/tech meeting

- Peer Review
  - Initially tabled due to lack of guidance from national office: Have tabled idea until get guidance
  - Benchmarking was encouraged in place of Peer Review initiative, discussed at meeting, suggested "buddy system between practices, not done as yet\*\*\*\*

>Herstory

- Needs new energy, few projects accomplished
- Have a volunteer for co-chair to coord with Legacy\*\*
- Value
  - CEU Day has grown each year/no nursing CE due to issues with process
- Communications

members

- Midwife of Month not successful; did get requests for info thru the site; current webperson has been unable to continue/website inactive \*\*\*\*\*\*\*
- Facebook at > 743 followers/very active \*\*\*\*\*\*
- ACNM Connect improved ability to "connect" with

### II. SUPPORT VISIBILITY OF MIDWIFERY IN NJ

- OMOT/Health Birth Initiative/Midwifery PR
  - Use ACNM materials to get info out to consumers/Press releases
  - Use variety of opportunities to publicize midwifery
- Affiliate Display
  - 3 consumer/3 professional events yearly
  - Continue give-aways at event
  - Add diverse pictures of NJ Midwives
  - Participate in career days/HS talks
- Facebook/Website
  - Continued updating
  - Midwife of the month (increase?)

- OMT/Healthy Birth/Midwifery PR
  - OMOT and BirthTools are posted on NJ PQC website as tools for both consumers and professionals
  - Obtained Midwifery week Joint Legislative Resolution\*\*\*\*\*\*
  - NJ Affiliate Pins: sold for income and given out as part of Legislative/PR efforts
  - Met with NJ First Lady to encourage midwifery aspect to Nurture NJ and publicity/attention to midwifery issues\*\*\*\*\*\*\*
- Affiliate Display/ PR
  - Displayed at several events 2019: Student Nurses conference especially productive (Parent Expos/Span/Black Breastfeeding/ First Lady Family fest \*\*\*\*\*\*\*\*
  - Nail files continue to be a hit/New Pictures added

Facebook/Website:

Facebook as noted, updated weekly

Website: Monthly Banner change; need input from members on ideas (webperson resigned 2019-need new plan for website)\*\*\*\*\*\*

- Collaboration with Professional Groups
  - Continue current and build new relationships
- Consultant
  - Investigate short-term marketing
  - Publicity committee
- Affiliate Shirts/presence at Walks (Breast Cancer/MOD,etc)

- Collaboration
  - Have continued to collaborate with groups
     identified previously
  - Gaining visibility/voice in state
  - NJ is an "AIM" state; have an AIM rep to ACNM
  - FASD: Midwives are included in their new "State guidebook"
  - NJ Perinatal Quality Collab:
    - ACNM on steering Committee
    - Midwives involved in AIM/NSTV projects in many hospitals, also on state NTSV project\*\*\*\*\*
- Consultant
  - Publicity committee formed/no consultant at this time
- Affiliate Shirts/ Walk
  - Shirt idea was tabled; did walk in Women's March in NJ...Affiliate supported DC Women's March for Moms

#### **III. MAINTAIN STRONG LEGISLATIVE/REGULATORY EFFORT**

- Support ACNM Lobbying Efforts
  - Encourage Affiliate participation via social media/email
- Review Regulatory limits to practice
  - Work on DOH regulatory change for hospital privileges for CM's
- Lobbyist
  - Terminate current contract/request proposals for short term contracts
  - Develop specific project goals
- Meetings with Significant Stakeholders/groups
  - Follow-up with Insurance commissioner
  - Seek meeting with DOH Commissioner/Officers
  - Set specific goals

- ACNM Lobbying: Reminders thru connect
- Regulatory Issues
  - Met again with DOH to f/u regarding limitations to hospital practice for CM's - Proposed update of hospital regs to replace "CNM or Nurse-Midwife" to "NJ licensed midwife practicing within their scope" \*\*\*\*\*\*
  - Midwifery Regulations updates have successfully completed the process and received BOME approval; updates published \*\*\*\*\*\*\*\*
  - Met with Medicaid re: increasing reimbursement level (NJ is lowest in US at 70%) \*\*\*\*\*\*\*
- Lobbyist
  - Utilized lobbyist for 3 projects in 2019 Mtgs with Horizon/DOH/Medicaid
- Stakeholder Meetings
  - Met twice with Horizon; were able to expand the codes for CNM/CM reimbursement to include variety of codes other than prenatal care/births

#### (PE/IUD/Ist assist,etc)

ACOG supported hosp regs updates; NJHA/NJSNA

## IV. COLLABORATION WITH OTHER PROFESSIONALS TO IMPROVE WOMEN'S HEALTH

- Continue Collaboration with groups from 2014-2015 -AWHONN, NJSNA, ACOG, Consortia , AAP , MOD, AIM
- Identify additional Outreach Opportunities
- Attend meetings other organizations/Invite reps to our meetings
- Participate in an activity with other organizations
- Identify Specific Areas of Women's Health to Champion in NJ

- Collaboration with these groups was continued and strengthened
- Additional: NJHA, NJIN, State DV task Force, Northern Consortia
   QI committee, FIMR
  - Continue to attend: ACOG meetings (on agenda at each mtg),
- Identified Physiologic Birth (and reduction of C/S) through state initiatives; (Midwives on both hospital and community state NTSV work groups); Maternal Mortality
- Founding member: NJ Health Cares About Domestic/Sexual Violence Collaborative
- Collaborated with ACOG and AWHONN to support NJ Maternal Health Day (1-2-3 4Moms) on Jaunuary 23<sup>rd</sup>; Testified before NJ Senate Committee and named with ACOG/AWHONN in proclamation declaring this day annually in NJ
- Co-chair of NJ PQC Racial Disparities Work Group to address disparities in Maternal and Infant Mortality
- Tesitfied in favor of Maternal Health Bills in state Assembly; Present for Bill signing: State bill for new Maternity Mortality Review includes mandate for midwives included in both oversight board and on review team.\*\*\*\*
- Opportunity to contribute to new state Breastfeeding Strategic Plan\*\*\*\*\*

#### V. SUPPORT ORGANIZATIONAL CAPACITY

- Fiscal Planning
  - Evaluate Strategic Plan annually
  - Budget: Present to Exec Board annually for approval
  - Investigate award funding/consultation for non-profit budgeting
- Fundraising
  - Evaluate 2015 event: Lessons learned
  - Need for future fundraising/goals
- Annual Meeting
  - First Meeting of Year: Officer Installation
- Business Address
  - Investigate options

- Fiscal Planning
  - Annual executive retreats to review plan and plan for year
  - Budget annually since 2017-balanced!
  - Brief investigation /consult showed no need for separate 501C for awards, only separate account
- Fundraising
  - 2015 Fundraiser reviewed; plans stored for reference
- Annual Meeting
- Business Address
  - Initially had office address in Lawrenceville, but did not utilize office space; Corporate Center ceased this type of offering
  - Continued with UPS store address in 2019 \$450/year; 24 Hr access; 2 sets keys(president/treasurer access; reduced copying costs \*\*\*\*\*\*\*\*\*

## NEW JERSEY AFFILIATE STRATEGIC PLAN 2019-2022

I. Maintain a Strong New Jersey Affiliate

### STRATEGIC GOALS

## 2019 - 2022

II. Promote Midwifery Visibility in New Jersey

8 III. Promote Midwifery Representation and Collaboration within Women's Health Arena

E

(!)

IV. Maintain Strong Legislative/Regulatory Agenda



V. Support Organizational Capacity

## I. MAINTAIN STRONG NJ AFFILIATE

Continue meetings in all parts of state/ Continue Zoom **Membership** Value • option Try local Zoom "meet-ups" for meeting Regional "socials" Continue CE Day as free for members Strengthen Committee Structure Circulate committee descriptions; sign-up online and at meetings; committee time at meetings (?) Add D&I Committee Support Student Involvement • Follow through on suggestions from Student survey Workshop for students at Affiliate meetings(before meeting/student group for meeting with "practice issues discussion groups) Develop discussion in Connect for students to post need for preceptor/contact info Develop "student section" on website with "Betty Hosford and Senior Midwife Awards resources: helping with licensing process, resume • writing, etc. Help with Job search: updated info on website and/or connect "Walk for Midwives" • **Continue Annually** Plan for "walk for midwives" 2020 or 2021 – support of membership/fundraising and PR

## II. PROMOTE MIDWIFERY VISIBILITY IN NJ

Continue to utilize to publicize midwifery and • OMOT/Healthy Birth midwifery model of care Investigate other options for pulicity of midwifery; develop contacts Public Relations-Publicity Continue to work w/ office of First Lady Affiliate Display Continue to update/ 6 or more events Contest for use of display for a practice for midwifery week Build on Resolution for more Midwifery week publicity Affiliate Pins/Nail files : reorder for sale/PR Social Media Committee Established: Updated Website Needed/Continue Facebook

Establish twitter/Instagram

# III. PROMOTE MIDWIFERY REPRESENTATION AND COLLABORATION WITHIN WOMEN'S HEALTH ARENA

- Continue Collaboration with other
   Continue attendance at meetings of related organizations, support and attendance of their activities/
   ACOG, NJSNA, AAP, MANA etc
   Identify "point people" within Affiliate
- Identify, obtain placement, and maintain presence/representation in key areas of Women's Health

 Continue to Champion Women's Health Issues

- Underwrite dues for NJSNS and MANA for President or her rep.
- Develop Resource to identify and maintain representation
  - Develop list of positions currently held (publish on website)
  - Identify additional opportunities and take steps for midwifery representation in these areas
- Continue to support efforts in these areas:
  - NJ Maternal Health Day
  - Racial Disparities work-Group of NJ PQC
    - Physiologic Birth

### IV. MAINTAIN STRONG LEGISLATIVE/REGULATORY AGENDA

| • | BOME  | • | Continue to examine Midwifery Practice regs for need for future updates; maintain full complement on Midwifery Liaison Committee  |
|---|---|---|---|
| • | Address Regulatory Limits to Practice                 | • | <ul> <li>Work to update regulations</li> <li>Continued work with DOH re hospital/birth center regs (update for "NJ licensed midwife practicing within scope) to replace "midwife/CNM) regs</li> <li>Work with Medicaid on reimbursement level to obtain increase to 100% of NJ Medicaid rate</li> </ul> |
| • | Legislation: Midwifery Law                            | • | Establish Ad-Hoc Committee to Investigate new midwifery law (1 year)  |
| • | Lobbying efforts                                      | • | <ul> <li>Continue "per project" with Lobbyist</li> <li>Consider establishment of fund for lobbying efforts to prepare for new legislation</li> <li>Consider plan for "lobby days"</li> </ul>  |
| • | Address Insurance /Reimbursement and Access to panels | • | Meetings as needed with Insurance Companies; insurance brokers such as BenefitMall  |
| • | Monitor Legislation                                   | • | Monitor Women's health bills; support as indicated  |
|   |   | • | Investigate ways to monitor legislation which could affect practice   |

### V. SUPPORT ORGANIZATIONAL CAP[ACITY

• Fiscal and Strategic Planning

|  | Fiscal Planning/Budget   |
|--|--|
|  | <ul> <li>Continue annual exec retreat for review of strategic plan and<br/>Budget review/approval</li> </ul> |
| Fundraising  | Maintain balanced budget   |
|  | Consider Multiple Fundraising Options  |
|  | Need strong core committees/possible use of event planner  |
|  | Plan Fundraiser "Gala" for Fall 2020   |
|  | Walk for Midwives 2021   |
|  | <ul> <li>Possible assessment of midwives/practices if new legislation<br/>needed</li> </ul>                  |
|  | Increase table fees/non-member fees for CE Day to \$600/\$50   |
| Business Address                                       | Continue with UPS Store  |
| Bylaws: ACNM mandates 3-year cycle for review/revision | Next Bylaw review due early 2022   |
|  | <ul> <li>Adhoc Bylaw committee will be established early 2021</li> </ul>                                     |

Adhoc Bylaw committee will be established early 2021

## IDEAS? ? SUGGESTIONS????

## THANK YOU !!!!!!